

# California Invitational Blind Sailing Regatta

Sailed in Alameda Estuary - J24's

May 14-16, 2010

Island Yacht Club, Alameda, CA

## **Sailing Instructions**

### **1. RULES**

1.1. The regatta will be governed by the *rules* as defined in the 2009-2012 Racing Rules of Sailing.

### **2. NOTICES TO COMPETITORS**

2.1. Notices to competitors will be posted on the Official Notice Board located in Island Yacht Club. The Race Committee may also publicize changes by other means as a courtesy; however, any such additional publication shall not be considered official or complete.

### **3. CHANGES TO SAILING INSTRUCTIONS**

3.1. Any change to these Sailing Instructions will be posted before 0900 hours on the day it is to take effect, except that any change to the schedule of racing will be posted by 1900 hours on the day before it will take effect.

### **4. BOATS**

4.1. J24s on loan to the CIBSR will be provided for all CIBSR competitors, who shall not modify them in any way except as follows;

4.1.1. A non-audible compass may be tied or taped to the hull or spars.

4.1.2. Wind indicators, including yarn or thread, may be tied or taped anywhere on the boat.

4.1.3. Non marking adhesive tape (no duct tape) may be used above the water line.

4.1.4. The Organizing Authority will consider requests to further modify the boats and equipment that are adaptive aids specific to a competitor. Requests are to be submitted in advance to the Race Committee in writing.

4.2. J24 boat assignments will be made by drawing at the daily skippers meeting. There will be two rounds of draws each racing day. The first draw will be for the boat teams will be racing during the morning race session and the second draw will be for the boat teams will be racing during the afternoon racing session.

4.3. Each boat will be accompanied by the boat owner or boat representative.

### **5. SIGNALS MADE ASHORE**

5.1. Signals made ashore will be displayed from a flagpole on the race deck at the docks in front of the Island Yacht Club.

### **6. SCHEDULE OF RACES**

6.1. Practice Day, Friday May 14th.

6.1.1. Practice time and boat availability 1300-1600.

6.2. Regatta Race dates: Saturday May 15th and Sunday May 16th.

6.3. All boats competing in the regatta will have the same start time.

6.4. The warning signal for the 1st race each day will be 1000.

6.5. No race sequence will be started after 1600 on Saturday, May 15th. No race sequence will be started later than 1400 on Sunday May 16<sup>th</sup>.

6.6 Competing boats will come in to the docks for a lunch break and to switch boats after the morning session of racing. The end of the morning session will be decided by the Race Committee during the morning session. The end of the morning session will be signaled by radio-Channel 11.

### **7. CLASS FLAGS**

7.1. All competing boats belong to the single class of J24s. The class flag will be the Class A flag.

## **8. RACING AREA**

8.1. Racing will take place in Alameda Estuary between Park Street Bridge and estuary entrance

## **9. THE COURSE**

9.1. Courses are described in the attached course sheet.

## **10. MARKS OF THE COURSE**

10.1. Original marks will be orange inflatables.

10.2. All marks shall be left to starboard.

## **11. THE START**

11.1 There will be one start. All boats in the regatta belong to class A.

11.2. The starting line will be between the onshore race deck and a starting mark.

11.3. A boat starting later than five minutes after her starting signal will be scored DID NOT START. This changes Rule A4.1.

## **12. ALTERNATIVE PENALTIES**

12.1. Rules 44.1 and 44.2 are changed so that the Two-Turns Penalty is replaced by a One-Turn Penalty, to include one tack and one gybe (a '270'). A boat may take a One-Turn Penalty when she may have broken a rule of Part 2 while racing.

## **13. THE FINISH**

13.1. The Finish Line will be the same line as the starting line as stated in Section 12.

## **14. TIME LIMIT**

14.1. The time limit for the first boat to finish will be sixty minutes. Boats failing to finish within 15 minutes after the first boat has finished will be scored DID NOT FINISH. This changes Rule 25.

## **15. PROTESTS**

15.1. In addition to the requirements of Rule 61, a boat shall inform the Race Committee of its intention to protest and shall identify the hull or sail number of the protested boat as soon as possible after finishing.

15.2. Protest forms are available at the Island Yacht Club, and are to be filed with the Protest Committee within one hour of the arrival at the dock of the Race Committee.

15.3. Only the Race Committee may assess penalties for violation of Rules not in Part 2. The Race Committee may give a warning as a penalty in such a case."

## **16. SCORING**

16.1. Three races must be completed to constitute a regatta

16.2. The Low Point System as provided for by Rule A4.1 will apply.

16.3. For all classes, one (1) throw-out will be allowed if 5 or more races are scored.

## **17. J24 BREAKDOWNS**

17.1. A boat disabled by a breakdown that is no fault of its team may seek redress from the Protest Committee. Every effort must be made to finish the race, provided that continuing to race will not cause further damage to the boat or danger to the crew.

17.2. Any team who desires redress under SI19.1 shall notify the Race Committee boat at the first reasonable opportunity.

17.3. Redress will not be granted if, in the opinion of the Protest Committee, the breakdown resulted from carelessness, poor seamanship, or incompetence.

17.4. The Protest Committee and the Organizing Authority's assigned Boat Manager shall investigate each request for redress under SI 19.1 and award breakdown points if, in its judgment the conditions set forth in SI 19.2 and 19.3 have been satisfied.

## **18. SAFETY**

18.1. A US Coast Guard approved personal floatation device, or in the case of overseas competitors, a personal floatation device approved by their Government's corresponding Maritime Authority, shall be worn, properly fastened, at all times while launching and while sailing except while temporarily adding or removing clothing. Failure to comply with this rule can result in disqualification as deemed appropriate by the Protest Committee.

18.2. A boat retiring for a race shall notify a Race Committee vessel before leaving the course.

## **19. PRIZES**

19.1. Competition awards will be awarded based on the regatta results as per the NOR. Additional prizes may be awarded and may be based on criteria other than the regatta at the sole discretion of the Organizing Authority.

19.2 There will be a Sportsmanship Award for the VI sailor who displays the best sportsmanship qualities over the course of the CIBSR. VI Sailors will vote for the winner of this award based on criteria stipulated at the Welcoming Gathering on Friday May 14<sup>th</sup>.

## **20. ADDITIONAL INSTRUCTIONS**

20.1. Coaches and support boats shall monitor the designated RC VHF radio channel (Channel 11).

## **21. CREW ROLES**

21.1 Crews on competing boats will be 1 sighted tactician, 1 sighted crew, 1 VI helmsman, 1 VI sail trimmer, and 1 boat owner/rep.

21.1.1 The sighted tactician may not touch any controls including the boom unless the boat or crew is in an emergency situation.

21.1.2 The sighted crew member may only control the head sails and may not control any other controls.

21.1.3 The VI helmsman must be at the helm from the pre race sequence through the end of the race.

21.1.4 The VI sail trimmer controls the main sail, traveler, and backstay controls. He/she may also control any of the other controls on the boat as needed with exception to the helm controls.

21.1.5 The owner rep is positioned on the foredeck by the mast and may control the vang, outhaul, main cunningham, main halyard, jib halyard, and jib cunningham as requested by the crew.

## **22. DISCLAIMER OF LIABILITY and MEDIA RELEASE**

22.1. Competitors participate in this regatta entirely at their own risk. See rule 4, Decision To Race. The Organizing Authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

22.2. In participating in this regatta, a competitor automatically grants to the Organizing Authority, the organizing committee, and sponsors of the regatta the right in perpetuity to make, use and show at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of him or her during the regatta, and of all his or her material related to the regatta, without compensation.

For additional information: [www.cibsr.com](http://www.cibsr.com) .